

4/19/2018

Welcome UMS Parents!

**Transitioning your rising
freshman to
Montgomery High School**

Tonight's Topics

- **Role of MHS school counselor**
- **Social Emotional Learning**
- **Communication with teachers**
- **Students advocating for themselves**
- **Course selection**
- **Peer Leadership Program**
- **Freshmen orientation**
- **Counseling/Guidance website**
- **Naviance**
- **Co-Curricular vs. Academics**
- **Resources in the school for students**
- **Study Hall!!!!**

Role of School Counselor

- **Academic:**
 - **Course Selection and Scheduling**
 - **Time management, study skills, advocate with teachers**
 - **College preparation**
 - **Career**
 - **Military**

- **Social and Emotional**
 - **Friendly adult to reach out to**
 - **Support in peer relations/peer pressure family issues, academic stress, co-curricular support, responsibility, citizenship**

Coping with Academic Stress!



Social & Emotional Learning

- **Balance!!!**
- **Family. Academics. Co-Curricular & out of school activities**
- **Adolescence**
- **Be Happy 😊**
- **Collaborative effort between everyone**
- <https://drive.google.com/file/d/0ByETVh9qtodwSmQ3akNlaUltbHc/view?usp=sharing>

Communication with Teachers

- **Very important!!**
- **No team meetings between teachers and counselor**
- **Students advocating for themselves**
 - **Counselors will coach them on this**
- **Contact with teacher initially**
- **May include counselor in the communication**

Students Advocating For Themselves

- **Teachers, counselors, peers, administrators, coaches, advisors**
- **College preparation**
- **Job search**
- **Peer conflict**
- **High School is practice**
- **Preparing the whole student for their future**

Course Selection

- **Course selection done in February in grade order**
- **Program of Studies is online**
- **Waiver process**
- **Schedule is created in July, released in August prior to the start of the school year**
- **Discretionary changes are not possible**

Block Scheduling

- **84 minutes in each block**
 - **5 additional minutes in block 1 for homeroom**
- **Attendance**
- **A & B Days**
- **4 blocks per day**
- **Balance is important**
 - **Review with counselor early**
- **Unit lunch**
 - **Between blocks 2 &3, 50 minutes**
 - **Great time to socialize, fuel up, and relax**

Peer Leadership Program

- **Peer Leaders is now an academic course**
- **Applicants must be juniors/seniors**
- **During PE/Health blocks. Peer leaders/freshmen taught by Physical Education teachers**
- **Freshmen are split into groups and have the same peer leader/s for the whole year**
- **Peer led activities focused on orienting freshmen to MHS environment and culture**
- **Often become mentors outside of the designated block**

Freshmen Orientation

- **August 29th 12:30-2:30pm**
- **Presentation by MHS Administrators**
- **Introduction of MHS Peer Leaders**
- **Tours of the building**
- **Tour through Counseling/Guidance office**
- **ID photos & yearbook photos**
- **Information on clubs & activities**

Guidance Web Page

- <http://www.mtsd.k12.nj.us/domain/1236>

Naviance

- **What is it?**
 - **Personality assessments, career planning college search, processing documents, college information, scattergrams, determining college that is a “proper fit,” scholarship info.**
- **Visit Freshmen PE classes early in the year**
 - **Registration codes**
 - **Brief overview of the tools available**

Co-Curricular vs. Academics

- **Important to be involved in school, outside of the classroom**
- **Co-Curricular Fair**
 - **<http://www.mtsd.k12.nj.us/Page/10667>**
- **Athletics**
 - **<http://www.mtsd.k12.nj.us/site/Default.aspx?PageID=5>**

Resources within the school

- **Academic:**
 - **After school help with teachers**
 - **NHS tutoring**
 - **Quiet study hall**
 - **Media Center for study hall**
- **Social and Emotional**
 - **School Counselors**
 - **Student Assistant Counselor**
 - **Social Workers**
 - **Nurses**
 - **Teachers/Faculty**



Study Hall

- **Use wisely**
- **Not a social block**
- **Adjustment for the Freshmen**
- **Get work done during school hours**
- **Quiet Study**



MHS Class of 2022 Counselor Assignment

Abdullah – Crell

Cresti - Golubitsky

Gonzalez - Kobla

Koch - McManus

McNulty - Qi

Ramakrishnan - Stryker

Sun - Zilber

Kelly Apel

Keith Glock

Jessica Ritson

Raheel Saleem

Maureen Conway

Matthew Pogue

Carla Hampton

Counseling/Guidance Department VIP's

- **Corie Gaylord – Director of Student Academic & Counseling Services**
- **Diane Talarick - Guidance Secretary**
- **Jennifer Cleveland - Guidance Secretary**
- **Denita Gaillard - Guidance Clerk**

